

# COVID POSITIVE IN VICTORIA - WHAT NOW??

1

**Report RAT Positive Tests** - phone 1800-675-398 or report on the online portal below. PCR test results are already uploaded and no action is needed. Then isolate for 7 days.

<http://dhvicgovau.powerappsportals.com/>

2

**Call the Coronavirus Hotline** - 1800 675 398

- provides basic food items through an Emergency Relief package/ Pet food/ Medications/ Pet minding services.

3

**Immunotherapy Information**

If you were contacted and offered your 3rd vaccine early and are significantly immunosuppressed or have active malignancy you should:

- CONTACT YOUR GP IMMEDIATELY AFTER TESTING POSITIVE on PCR or RAT testing.

- You may warrant immunotherapy treatment only effective up until your 5th and sometimes your 7th day of symptoms (with a positive RAT or PCR).

- You also may be eligible for immunotherapy if you are considered a higher risk patient and are not double vaccinated:

- Diabetes
- Obesity
- Renal Disease
- Heart Disease
- Liver Disease
- COPD
- Asthma
- Over 50

<https://monashhealth.org/patients-visitors/coronavirus/satellite-clinic/>

4

**If needed call Nurse on Call** - 1300 60 60 24

5

**Checkout** - <https://www.coronavirus.vic.gov.au/managing-covid-19-home>

There are important sections on:

- COVID symptoms checklist
- COVID positive pathways
- Financial support for the employed while isolating
- COVID when known pregnancy/hay fever/ breastfeeding

**6**

**Keep a COVID Symptom Diary**

[www.gps-can.com.au](http://www.gps-can.com.au) can be used to assess when escalated care may be needed.

**7**

**Reschedule vaccination if due in next 14 days after a positive test result.**

You can and should be vaccinated when you are well again. Selby Family Clinic will rebook vaccination appointments for at least 4 weeks after a positive result.